



Dance

Hello!

We are so excited that you have enrolled in our dance program at Illuminate! Creative Arts Studio. **Please take note that this is a nine month class and it is assumed that if you have enrolled in a dance class you are planning to keep your enrollment through the end of May and participate in the Spring Recital.** Below you will find the dress code required for your dance class. **Please be sure to write your child's name on ALL of their dance clothing they bring to class.** Below you will find the dress codes & supply list needed for your student's class as well as our Frequently Asked Questions and other studio information to help you as you begin or continue your journey with dance here at Illuminate! Creative Arts Center. We also strongly encourage you to read through our Student Handbook before you begin classes with us to become familiar with our studio policies and expectations.

Dropping Class:

If for any reason you need to drop a class please respond to this email or give us a call (940-208-1352) and we will be happy to take care of this for you and remove any related charges from your account.

Communication:

We send weekly update emails to our students August-May on Thursday evenings. If you are enrolled in any of our classes during this time you will receive them as well. These emails are very important and our ultimate means of communication with our students. You will miss important dates and information if you are not reading these emails. You can also follow us on Facebook for reminders and announcements.

Needed: Dance Journal for ages 7+

We ask all of our dance students **ages 7+** to bring a journal/notebook (any journal/notebook will work) with them to every class. Each week, after class on the way home, please have your

student write down (or draw a picture of if they are still not confident in their writing) a correction they received or observed for themselves in that week's class. Each week on the way to class have them re-read their corrections so they go into class with a game plan to improve from the previous week. Student's that can do this will progress at a much faster rate than ones who receive the same correction for weeks on end because they don't remember on their own to correct it. Their instructors will request to see student's dance journal at the beginning of each class.

Pathways to Success for Dancers:

Our Pathways to Success guide for dancers was created to help parents, specifically those with no dance background, understand what is required of a dance student to reach certain goals. If this is you please check out the link below!

[Pathways to Success Link](#)

Thank you!
Illuminate! Staff

Frequently Asked Questions:

Is *Tap & Percussion* a dance class or a music class?

While this particular class truly is a combination of both, for all administrative purposes it falls under our dance department. All of the dance department information applies to students in these classes as well.

Where do I get dance shoes and clothes? (Here are a few suggestions)

Payless Shoes

- For children's shoe sizes only

DiscountDance.com

- Different dance companies size shoes in different ways, be sure to look at the sizing chart for the specific shoe you are ordering before purchasing shoes online.

Wal-Mart & Target

- Children's Dancewear and occasionally shoes

Costume World

- Located in Golden Triangle Mall also has shoes and dancewear available

*There are also a couple other dance shops in Lewisville and Flower Mound.

Will my kids have a recital at the end of the fall semester?

Our dance students do not have a fall recital; however, we do have a Parent Observation Week the last week of classes before Christmas Break (please see our calendar at www.illuminatecreativearts.com on the home page- near the bottom- for specific dates). You are invited to sit in on your child's classes during this week, only.

Can I watch my child's class?

We do not allow parents in our dance classes at Illuminate!. We have found that most of our students listen better and are less distracted without parents in the classroom.

Will my child participate in Illuminate!'s spring recital in May?

Yes! All dance students ages 3 and older will begin learning a piece for recital in January during their regularly scheduled class.

When does the dance season end?

While we have summer camps and classes the regular season ends in May.

How much are recital costumes?

Typically our dance costumes are \$45 a class.

What are convertible tights?

Convertible tights are dance tights that have a hole at the bottom of each foot. You can pull your foot through the hole and pull the "foot" of the tights up to your ankle to free your foot to wear flip flops to and from class or to wear for classes where you need tights but no shoes.

**Please see our dance department's dress code on the following pages...



Ballet Classes

Ages 5&6, 7-9, 10+

Dress Code:

GIRLS

- ❖ black leotard
- ❖ pink tights (we highly recommend convertible tights)
- ❖ hair in a bun (every week)
- ❖ pink leather ballet shoes

- ❖ Optional: ballet skirt (A ballet skirt does not hinder movement and must not be longer than the top of your knees.)

BOYS

- ❖ black basketball/athletic shorts
- ❖ white t-shirt
- ❖ shoes: black ballet shoes



Jazz Classes 5&6, 7-9, 10+

Dress Code:

Jazz:

GIRLS

- ❖ black jazz shoes (not sneakers)
- ❖ black jazz pants, shorts, or capris
- ❖ fitted tank top or leotard of any color

BOYS

- ❖ tank top
- ❖ black basketball/athletic shorts
- ❖ black jazz shoes (not sneakers)

Hair must be secured away from face every class.



Hip Hop Classes **Ages 5&6, 7-9, 10+**

Dress Code:

Hip Hop:

- ❖ Footwear: Tennis shoes
- ❖ Pants: pants that you have a full range of movement in (not denim)
- ❖ Top: fitted tops (nothing baggy for Beginner students)

Hair must be secured away from face before each class.



Ballet Levels 2&3

Dress Code:

GIRLS

- ❖ black leotard
- ❖ pink convertible tights
- ❖ hair in a bun (every week)
- ❖ pink leather ballet shoes

- ❖ Optional: ballet skirt (a ballet skirt ties on, does not hinder movement and must not be longer than the top of your knees)

BOYS

- ❖ black basketball/athletic shorts
- ❖ white t-shirt
- ❖ shoes: black ballet shoes

Level 3 Students:

Level 3 students who have completed a year of Pre-Pointe will work up to wearing their pointe shoes during the full class time on Level 2/3 Ballet Classes. Please bring your shoes every week prepared to dance in them. During your Level 3 class pointe shoes will not be worn.



Delivered Through Movement (Worship Dance)

Dress Code:

GIRLS

- ❖ no shoes required however ballet, jazz shoes and dance paws permitted
- ❖ fitted dance/athletic wear
- ❖ hair pulled up and away from face

BOYS

- ❖ no shoes required however ballet, jazz shoes and dance paws permitted
- ❖ athletic/basketball shorts
- ❖ t-shirt/tank top



Modern

Dress Code:

GIRLS

- ❖ black leotard
- ❖ black footless or convertible tights
- ❖ NO shoes or dance paws
- ❖ Optional: black dance shorts (no skirts)

BOYS

- ❖ tank top
- ❖ black basketball/athletic shorts
- ❖ NO shoes or dance paws



Tap/Percussion

Dress Code:

- ❖ Tap Shoes
- ❖ Clothes that are movable

Supplies Needed for Class:

- ❖ Drum Sticks
- ❖ Shaker Egg



Creative Movement

Dress Code:

GIRLS

- ❖ pink leather ballet shoes
- ❖ pink tights
- ❖ leotard any color
- ❖ hair pulled back away from face

BOYS

- ❖ no shoes
- ❖ black athletic shorts or pants
- ❖ t-shirt or tank top
- ❖ hair pulled back away from face if long



Hula

Dress Code:

Hula

- ❖ hula wrap skirt (a piece of rectangle fabric that can be wrapped as a skirt)
- ❖ bare feet
- ❖ t-shirt or tank
- ❖ shorts or leggings for under skirt
- ❖ hair should be secured away from face